



DRINKS

FEATURED

DRAGON PUNCH \$13

DRAGON FRUIT, MANGO, ORANGE JUICE, WHEATGRASS, AND GREEK YOGURT

YUM MUFFIN \$13

DATES, ORANGE JUICE, GINGER, WHEATGRASS, OAT MILK, COCONUT KEFIR, AND BANANA

AVOCADO POWER \$13

AVOCADO, DATES, ORANGE JUICE, OAT MILK, AND GINGER

SMOOTHIES

*** MADE WITH GRASS-FED GREEK YOGURT ***

BERRY \$7

BLUEBERRY, RASPBERRY, STRAWBERRY, BANANA, AND APPLE JUICE

PEACH \$7.50

PEACH, BANANA, MANGO, AND APRICOT JUICE

TROPICAL \$7.50

MANGO, PEACH, BANANA, PINEAPPLE JUICE, AND COCONUT WATER

NON-DAIRY SMOOTHIES

LASSI \$8

BANANA, COCONUT KEFIR, TURMERIC, GINGER, HONEY AND LEMON

GOLDEN MILK \$9.50

GINGER, TURMERIC, CARDAMOM, CINNAMON, BLACK PEPPER, COCONUT KEFIR, AND COCONUT WATER

PB2 \$9.50

BANANA, DATE, PB2 PEANUT BUTTER POWDER, MACA POWDER, AND OAT MILK

COCKTAILS

RAW JUICE BAR

FRESH SQUEEZED ORANGE JUICE \$3 / \$4

FIELD TO FORK MORNING BLEND \$6

CARROT, APPLE, LEMON, AND GINGER

“IRONMAN” BEET IT \$7.50

BEETS, APPLE, CARROT, LEMON, AND GINGER

GREEN DREAM \$7.50

CELERY, APPLE, LIME, GINGER

MORNING NECTAR \$7.50

ORANGE, CARROT, TURMERIC, GINGER, CAYENNE, BLACK PEPPER

FARMER’S DAUGHTER \$8.50

APPLE, CARROT, LEMON, WHEATGRASS, GINGER, TURMERIC

BEET SPRITZ \$7.50

BEET, APPLE, LIME, GINGER, SELTZER WATER

LOCALLY GROWN WHEATGRASS \$6.00

SERVED IN A SHOT GLASS

BLOODY MARY \$8

HOUSE MIX, VODKA, GARNISHES ADD CHASER \$2

WEEKEND LOADED BLOODY \$9

HOUSE MIX, VODKA, GARNISHES ADD CHASER \$2

BEER-MOSA \$6

3 SHEEP’S FRESH COAST, FRESH SQUEEZED OJ

MIMOSA \$8

FRESH SQUEEZED OJ OR BLOOD ORANGE, PROSECCO

BLOOD ORANGE MARGERITA \$11

CASAMIGOS TEQUILA REPOSADO, SOLERNO, AGAVE, LIME

FULL WINE, BEER, AND BAR LIST AVAILABLE

ADD A SUPER FOOD BOOSTER \$.50

FLAXSEED

SOURCE OF OMEGA-3

OATMEAL

SOURCE OF FIBER

AVOCADO

SOURCE OF OMEGA-3

CHIA SEEDS

COMPLETE SOURCE OF PROTEIN AND OMEGA-3

BEVERAGES

COFFEE \$3 (FAIR TRADE AND ROASTED IN-HOUSE)

COLD PRESSED COFFEE \$3

ESPRESSO \$3 / DOUBLE \$3.50

MACCHIATO \$3.50

CAPPUCCINO \$3.75 / MOCHA \$4.50

LATTE \$4.25 / MOCHA \$5 / CHAI \$5

AMERICANO \$3.50

ICED TEA \$3 / HOT TEA \$4 (ASSORTED RISHI TEA)

MILK \$3 / CHOCOLATE \$3.50

HOT CHOCOLATE \$5

SODA \$3 (1 FREE REFILL) PEPSI or DIET / SIERRA MIST or DIET

SPRECHER ROOT BEER \$4